

Sick or hurt? Make 1-800-330-7847 your first call.

Dear Montana Medicaid Client,

The Nurse First Advice Line is a service to help you any time you are sick or hurt. You call Nurse First to receive fast, friendly medical advice over the phone. Registered nurses are available to help you 24 hours a day—7 days a week, even on weekends and holidays.

Nurse First can help you with health problems like:

• Fever

- Flu and sore throat
- Colds and coughing
- A crying baby
- Ear ache and headache
- Vomiting or upset stomach
- Back pain

When you call, a registered nurse will:

- Ask you about your symptoms or health concerns.
- Help you decide if you need to see your provider, go to the emergency room, or care for your problem at home.
- Provide self care tips to help you feel better faster.

Calling Nurse First can save you time and money. You may be able to avoid making unnecessary trips to your provider's office or the emergency room.

Call any time to speak with a registered nurse, **before** making an appointment or going to the emergency room. If you already have an appointment or follow-up visit scheduled, you don't need to call Nurse First before going.

Remember, Nurse First is only for Montana Medicaid clients. Please do not share the number. If you think your condition is life threatening, call 911 or your local emergency service.

Call Nurse First at 1-800-330-7847, the calls are always *free* and *confidential*.

Sincerely,

Mary Noel

Montana Medicaid

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